



West Point Paddle On Schedule

All classes at Glass Island boat and kayak launch
Contact Lori Erwin 757-254-8492 info and registration
www.paddleonwmbg.com

Sun. May 21st

1:00-5:00

Paddle Board Demo Day (FREE)

If you have always wanted try paddle boarding this is your chance! Join Lori Erwin of Paddle On of Williamsburg for free demonstrations, basic techniques, and get on the water to give it a try. For all levels and equipment is provided.

Cost: Free

Sun. June 4th

3:00-5:00

Paddle Board Lessons and Rentals

All levels welcome...learn the basics of paddle boarding from certified instructor Lori Erwin. Includes; board, PFD, ½ hour land instruction, 1 hour on the water, ½ play time.

Cost: \$65

6:30-Sunset

Paddle Board Sunset Yoga

All levels! Invite some friends and unwind with a sunset yoga class. The boards are anchored in 3-4 feet and water and Lori will lead the class. First time to advanced, the class can be modified to your experience.

Cost: \$25 or groups of three discount \$53

Sun. June 11th

3:00-5:00

Paddle Board Lessons and Rentals

All levels welcome...learn the basics of paddle boarding from certified instructor Lori Erwin. Includes; board, PFD, ½ hour land instruction, 1 hour on the water, ½ play time.

Cost: \$65

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Fri. June 23rd

3:00-5:00

Group Paddle, Food Trucks & Wine

Paddle board, kayak, canoe... join Lori for a fun paddle and end the afternoon at the West Point food truck park for good food and Gauthier Vineyard wines! All levels welcome!

Cost: Paddle Board Rental \$20 per hour. FREE if you bring your own.